



# CONTEMPLATIVE OUTREACH OF ATLANTA

FEBRUARY 2019  
NEWSLETTER

*We embrace the process of transformation in Christ both in ourselves and in others, through the practice of Centering Prayer.*

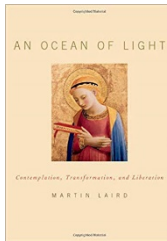
*Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer. Vision Theological Principal 1*



**FR. MARTIN LAIRD, OSA, will present a Silent Contemplative Day of Retreat at the Monastery of the Holy Spirit: "A Darkness all of Light" from 9:30 AM**

**to 5:00 PM, Sunday, April 7, 2019.** For established mid-level contemplative practitioners, Fr. Martin will expand such topics as how the practice of awareness can establish us as our own contemplative project; as well as some special challenges for the maturing contemplative. Professor of Early Christian Studies at Villanova University, Fr. Laird is the author of multiple articles and books, including *Into the Silent Land, A Sunlit Absence: Silence, Awareness, and Contemplation, and An Ocean of Light* Originally planned for Feb 2 and 3, the event has been rescheduled to April due to illness. The Saturday, April 6<sup>th</sup> retreat day registration is closed because it is already full.

To register for Sunday, April 7, go to <http://www.trappist.net/contemplative-day-two>



**Introduction to Centering Prayer Workshop at St. Thomas Aquinas Church, 535**

Rucker Road, Alpharetta, will be on Saturday, **March 9, 2019 from 9 am to 3 pm.** Breakfast and lunch included. To register, go to **Upcoming Events** on our website: <https://www.contemplativeoutreach.com> .

Over 30 people attended our **January 13<sup>th</sup> Introduction to Centering Prayer Workshop at Ignatius House.** Participants came from all over North Georgia: Gainesville, Stone Mountain, Kennesaw, and Atlanta, to name a few. One person observed it was "a great 'refresher' day retreat...Centering Prayer is a practice for a lifetime." Another remarked, it is "helpful to understand there is no goal or expectancies, just allowing ourselves to be in a position to meet God."



**Claudia Campbell, Centering Prayer Group Leader** from

Jasper/Dawsonville, presented the practice of Centering Prayer to 30 Young Life staff last week at the Villa Maria Del Mar retreat center in Santa Cruz, California. The retreat was one of three that are required for a year-long Spiritual Formation program. Claudia commented, "While many of those participating are not from liturgical backgrounds, they seemed hungry for a deeper life of faith and prayer."



**The February 16<sup>th</sup> Chapter Planning and Discernment Day** at Ignatius House is fully booked. Results of our planning will be available in our next newsletter.





**Centering Prayer Retreat at Ignatius House on July 19-21, 2019.** Delve into a deeply spiritual experience growing closer to God on a two-night Centering Prayer Retreat. Transform and

deepen your relationship with God through Centering Prayer. Renew your mind by absorbing the wisdom of mystical masters. Open and refresh your center with gentle yoga. Discover the healing benefits of mindful walking on beautiful natural trails. Directed by Cathy Hightower, Mark Dannenfelser, and Maggie Winfrey. To register, go to:

<https://www3.thedatabank.com/dpg/473/donate.asp?formid=Enrichment&c=9156346>

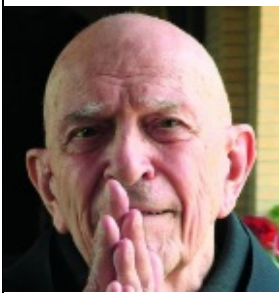
*Contemplative Outreach Atlanta*  
Lenten Days of Reflection

**March 16, Saturday- United in Prayer Day at Holy Family Catholic Church, 3401 Lower Roswell Road, Marietta, 9:30 to 11:30 am.**



**March 30-Saturday -8:30 am to 12:30 pm at St Aidan's Episcopal Church, Burtenshaw Hall, 13560 Cogburn Road, Milton, GA 30004**

For more information and to sign up, visit the website:  
<https://www.contemplativeoutreachatlanta.com>



**The 27<sup>th</sup> Annual United In Prayer Day 2019** will be celebrated at **Holy Family Catholic Church on Saturday, March 16<sup>th</sup> from 9:30 to 11:30 am** in room 115 downstairs next to the parish hall in the new

building. Contemplative Outreach groups all over the world will gather on this day to pray united in purpose for 24 hours in gratitude for the unequalled gifts and work of Fr. Thomas. See the website for more information.

**Centering Prayer Intensive/ Post-Intensive 5-Day Retreat November 6 to 10, 2019 at Holy Spirit Monastery, 2125 Hwy 212, Conyers, GA 30094** To register, call Patty at (770) 760-0959.



Silence Solitude Solidarity Service

**Introduction to Centering Prayer Workshop at Ignatius House, 9 am to 3 pm on May 22, 2019.** Breakfast and lunch included. To register, go to <https://www3.thedatabank.com/dpg/473/donate.asp?formid=Enrichment&c=1205144>

*"experiencing the call to conversion...in which you're willing to give up love itself for God's sake. This is what Jesus has done in becoming a human being. This is what God the Father has done...to let go of everything you have, even the greatest thing—which is pure love, for love."*

Thomas Keating, Video 3 of 6 Continuing Sessions

**Does your worship community want to know more about centering prayer?** Contact us to schedule an Introductory Workshop with six weekly follow up sessions.



<https://www.contemplativeoutreachatlanta.com>  
**Coordinator Maggie Winfrey**  
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*Love sails me around the house. I walk two steps on the ground and four steps in the air. It is love...I love God...I don't want to do anything but love.*  
Thomas Merton's Journal, Vol. Two

