



CONTEMPLATIVE OUTREACH OF ATLANTA

MARCH 2019
NEWSLETTER

We embrace the process of transformation in Christ both in ourselves and in others, through the practice of Centering Prayer.

Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer. Vision Theological Principal 1



On February 16th Marie Howard, Coordinator of Volunteers for Contemplative Outreach Ltd. from Los Angeles, led 17 Coordinating Team members on a day-long **Chapter Planning and Discernment Day** at Ignatius House. Members brainstormed and discerned ways our team can use our gifts to serve Contemplative Outreach Atlanta's needs well. The team recognized that we need to meet monthly because our multiple roles require

more volunteers to serve by scheduling, presenting workshops, data entry, publicity, communicating, banking, and book sales & inventory. Using Fr. Thomas' prayerful discernment process, we thoughtfully committed skills that our gifts can provide at our Coordinating Team Meeting on Saturday, March 16th after the United in Prayer gathering. If you were unable to attend that meeting, we ask you to prayerfully discern how you can serve Contemplative Outreach Atlanta with your abilities and let Maggie know in what ways you can help at maggie.winfrey@gmail.com.

24 people attended the **Introduction to Centering Prayer Workshop at St. Thomas Aquinas Church** last Saturday, March 9th. One participant remarked, "All the advice and hints on how to achieve this practice were very, very helpful." Several found the personal stories about Centering Prayer helpful.



Mary Joyce and Vernon Dixon, Marie Howard, Maggie Winfrey, Cathy Hightower, Barbara Moseley at Rumi's on February 15th.



On the **27th Annual United In Prayer Day 2019** held at Holy Family Church March 16th, participants watched the video "Oneness: Unity in Contemplation" by

Father Keating, OCSO, and Fr. Laurence Freeman OSB. Fr. Thomas said, *"The first part of the Christian journey is to realize there is an Other. The second part is to become the Other. The third and greatest part is to realize there is no Other."* We celebrated the gifts of the Spiritual Journey as the gift of Thomas Keating and the gifts of Centering Prayer in collaboration with other prayer groups throughout the world.

Join us for a Lenten Morning of Silence - March 30- Saturday -8:30 am to 12:30 pm at St Aidan's Episcopal Church, Burtenshaw Hall, 13560 Cogburn Road,

Milton, GA 30004. To sign up, email Joe Rich at jrich8824@gmail.com. Info on the website: <https://www.contemplativeoutreachatlanta.com>





March 23, 2019
Introduction to Centering Prayer Workshop at Highpoint Episcopal Community Church, Highpoint Road, Atlanta, GA 30342 from 10 AM to 4

PM. Breakfast and lunch including 6 Continuing weekly Sessions. Register at <https://www.contemplativeoutreachatlanta.com> under **Upcoming Events.**

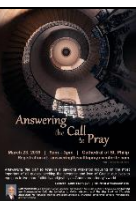
You are invited to join others for a **6 week Lenten Series of Centering Prayer** beginning this March at **St. Teresa's Episcopal Church**, 5725 Fords Rd NW, Acworth, GA 30101.



The gatherings begin on Thursday evenings at 7 PM and last approximately 60-75 minutes. Mark your calendars now for: March 14th, 21st, 28th, April 4th, 11th, and the series culminates on April 25th. We will not meet on Holy Thursday, April 18th.

Pray Fast Give Alms

May 22, 2019 - Introduction to Centering Prayer Workshop at Ignatius House, 9 am to 3 pm - Breakfast and lunch included. To register, go to <https://www3.thedatabank.com/dpg/473/donate.asp?formid=Enrichment&c=1205144>

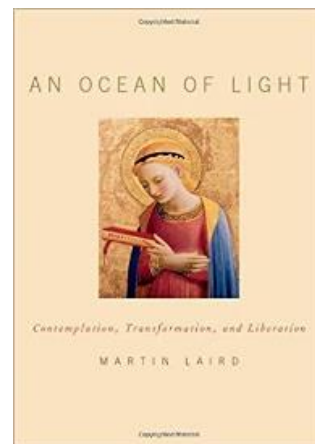


Answering the Call to Pray Workshop by Carl McColman on Saturday, March 23rd at St. Philip's Cathedral 9 am to 3 pm. Seeking the presence and love of God in our lives to equip us to live more faithfully and joyfully as Christians in today's world. Register at answeringthecalltopray@eventbrite.com

Silence Solitude Solidarity Service

Does your worship community want to know more about centering prayer? Contact us to schedule an informational talk about Centering Prayer or an Introductory Workshop with six weekly follow up sessions.

FR. MARTIN LAIRD, OSA, will present a **Silent Contemplative Day of Retreat at the Monastery of the Holy Spirit: "A Darkness all of Light"** from **9:30 AM to 5:00 PM, Sunday, April 7, 2019**. For established mid-level contemplative practitioners, Fr. Martin will expand such topics as how



the practice of awareness can establish us as our own contemplative project; as well as some special challenges for the maturing contemplative. Professor of Early Christian Studies at Villanova University, Fr. Laird is the author of multiple articles and books, including *Into the Silent Land*, *A Sunlit Absence: Silence, Awareness, and Contemplation*, and *An Ocean of Light*. The Saturday, April 6th retreat day registration has a few spaces available. To register for Sunday, April 7, go to

<http://www.trappist.net/contemplative-day-two>

There are few spaces left.

Centering Prayer Weekend Retreat at Ignatius House on July 19-21, 2019.

Combine Centering Prayer, mindful walking, and gentle yoga to deepen your relationship with God. A Three-Day Centering Prayer Retreat directed by Cathy Hightower, Mark



Dannenfelser, and Maggie Winfrey. To register, go to: <https://www3.thedatabank.com/dpg/473/donate.asp?formid=Enrichment&c=9156346>

Centering Prayer Intensive/ Post-Intensive 5-Day Retreat November 6 to 10, 2019 at Holy Spirit Monastery, 2125 Hwy 212, Conyers, GA 30094 To register, call Patty at (770) 760-0959.

Contact us at

<https://www.contemplativeoutreachatlanta.com>
 Coordinator Maggie Winfrey coatlantageorgia@gmail.com

