



CONTEMPLATIVE OUTREACH OF ATLANTA

JULY 2018 NEWSLETTER

We embrace the process of transformation in Christ both in ourselves and in others, through the practice of Centering Prayer.

Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer. Vision Theological Principal 1

Potluck

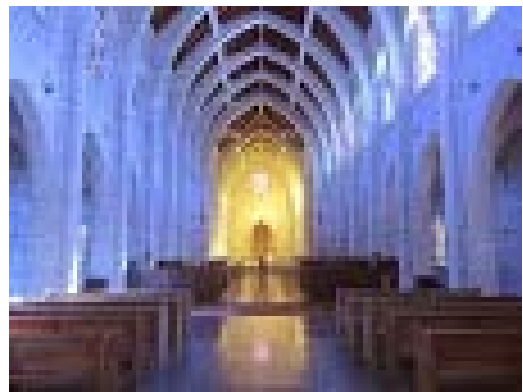
Everyone Brings Something to the Table.

Come contribute your unique gifts of mind, heart, and food at our

Sunday, July 29th Potluck meeting at 2:00 PM at Ignatius House. Marie Howard, our Contemplative Outreach Ltd. Chapter Support Team Leader will guide us by teleconference through reflective reading of Contemplative Outreach Guidelines and Vision. We will also establish our budget policy. We need your input, because "where two or three are gathered in my name, there am I with them." Matthew 18:20 After our meeting we will enjoy the delicious dishes everyone has brought to share. Smoked chicken will be available. Please contact Maggie to let her know you are coming and what you plan to bring.

Come aside and spend some time with Me

at Contemplative Outreach Atlanta's
5-Day Intensive/Post Intensive
Centering Prayer Retreat
at Our Lady of the Holy Spirit Monastery
2625 Highway 212 SW, Conyers, GA
Wednesday, October 24th
to Sunday, October 28th, 2018
Facilitators Vernon and Mary Joyce Dixon
cost \$350 for all meals and accommodations
Register at 770-760-0959 or retreat@trappist.net
For more information, call 706-896-8275.



On June 28th Fr. Thomas Keating entered hospice care at St. Joseph Abbey in Massachusetts and is comfortable. Please keep him in your prayers.



Consenting to the Divine Presence and action within us is the heart and soul of Centering Prayer. Theological Principle 4.

Silence Solitude Solidarity Service

The August 26th meeting has been cancelled because we will set the budget at the July 29th Potluck meeting.



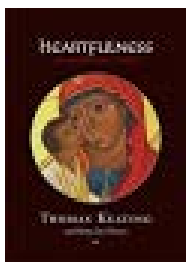
**Marie Howard,
Coordinator of
Volunteers from
Contemplative Outreach
Ltd., is coming to**

Atlanta! She will guide our
Chapter Planning and Prayerful

Discernment Day on **Saturday, November 17 at Ignatius House from 9:00 AM to 3:00 PM.** Formerly called Visioning Day, this new program provides information about the organic growth of a chapter, assessing its needs, and planning for the future. We are excited that we will have this opportunity to discern together our goals for CO Atlanta with her expert guidance. Light breakfast and full lunch provided. Cost gratis thanks to CO Atlanta. Limited spaces: contact Maggie now to reserve.



A survey from Centering Prayer Group Leaders is in progress. Look for the results in the next newsletter.



St. Anna's Centering Prayer Group in Monroe, Georgia, just finished the series "Heartfulness." In the section on sin, group member Nancy Long found "Here was food for me" as Fr. Keating taught *"Pure faith is part of the skill. Being present and content in the present moment. Make an effort, step forward."*

New Introductory Workshops are coming your way. To schedule one, please contact Maggie.



Our Calendar at a Glance

Sunday, July 29th Reflection and Budget Meeting Potluck at Ignatius House 2:00 PM



October 20th Introductory Workshop at St. Anna's Catholic Church, Monroe, GA

October 24 – 28 – Five-day Intensive/Post-Intensive retreat at Holy Spirit Monastery

Saturday, November 17 - Chapter Planning and Discernment Day at Ignatius House – 9 AM – 3 PM

3rd Monday of every Month – Hour-long sit with meditative walk at St. Anna Centering Prayer Group, Monroe, GA

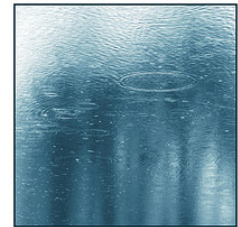
Resist no thought.

Retain no thought.

React to no thought.

Return ever so gently

to the sacred word.



Materials are available for groups to check out that will inspire and enrich centering prayer practice. Centering Prayer Group Leaders only need to contact Maggie to check them out. Some of the resources are:

"God Is Love: The Heart of All Creation" Keating's 12-part DVD series with Fr. Arico



"Heartfulness" Fr. Keating- 6-part DVD series

. Contact Information

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