

We embrace the process of transformation in Christ both in ourselves and in others, through the practice of Centering Prayer.
Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer. Vision Theological Principal 1

Dear Fellow Mystics,

We can find the divine when our eyes are opened, thanks to Centering Prayer. A few weeks ago I rushed to Phoenix to say goodbye to my precious cousin Benita as her time here accelerated to a close. Fortunately our family was able to tell her how much we loved her before she drifted into a coma, smiling and squeezing our hands, gone the next evening. Being in the presence of such a bright spirit who loved deeply while she transitioned to the next plane of existence revealed completely transcendent energies. To recognize Love in that passing brings us into the realm of holy because that is "...the capacity always and everywhere to see the whole of God yearning to become manifest in all human beings and doings." (Cynthia Bourgeault, *The Wisdom Way of Knowing*) "Blessed are the pure in heart, for they shall see God." Matthew 5:8 May we continue to see the Love that surrounds us and pass it on.

An important meeting: Coordinating Team Member meeting on Sunday, September 8, 2019 from 1-4 pm at Ignatius House. Our job is to support our Centering Prayer groups and our practice. We need to come together to brainstorm and dialogue how best to do this. Bring one strategy you have found valuable that strengthens your Centering Prayer plus a snack to share. We will have videos for checkout plus information about new resources available. Sign up on our website at <https://www.contemplativeoutreachatlanta.com>. I look forward to seeing you there.

It's the last call to register for the **Contemplative Outreach International Conference on Sept 19-22, 2019.** Details on page 2. I am planning to attend. Let me know if you are going.

We need volunteers to check people in, help sell books, and be a supportive witness to the benefits of Centering Prayer at our Intro workshops. Let me know if you can come to one of the intros on page 2.

I hope to see you at one of our next retreats listed on page 2, especially our next one at the Monastery beginning Nov 6th. Bring a friend!

Julie Toohar has offered to help with our book inventory and sales plus coordinate our video checkout library. Soon we will have a list of videos posted on our website that you can check out. You will be able to contact Julie through email and she will send you what you request through the mail. Thank you, Julie!

Deacon Chris Thompson has offered to help with technology tasks. His expertise with Georgia Tech will immensely improve our technology needs and capabilities. Thank you, Chris!

Send me your news so we can put it in the newsletter.

Fr. Thomas encouraged us to begin the adventure of Centering Prayer. His spirit stays with us even more strongly now and guides our spiritual journeys. Let's continue to tease the divine into the present with his blessing.

Blessings of peace, love, and prayer,

Maggie

Pictures from our July Centering Prayer Retreat at Ignatius House



We practiced Centering Prayer, yoga, and mindful walking by the Chattahoochee and through the forest.

Retreats

- ❖ **Nov 6 to 10, 2019 - Centering Prayer Intensive/ Post-Intensive 5-Day Retreat at Holy Spirit Monastery**, 2125 Hwy 212, Conyers, GA 30094. Directed by Maggie Winfrey and Rusty Weitzel. To register, call Patti at (770) 760-0959 or email her at retreat@trappist.net. More information is on our website. Call 404-717-6815 with questions.
- ❖ **July 17 to 19, 2020 - Ignatius House** – to register, go to **Calendar** at <https://ignatiushouse.org>
- ❖ **October 28 to Nov 1, 2020 - Monastery of the Holy Spirit** - call Patti at (770) 760-0959

Introduction to Centering Prayer Workshops – Register under “Upcoming Events” at <http://www.contemplativeoutreachatlanta.com>

- ❖ **Saturday October 12, 2019** –9 am to 3 pm at Transfiguration Catholic Church in Marietta
- ❖ **Saturday October 19, 2019** –9 am to 3 pm at St.Julian’s Episcopal Church in Douglasville
- ❖ **Saturday December 7, 2019** – 9 am to 3 pm at Christ Church Episcopal in Norcross
- ❖ **Sunday Mar 1, 2020** -9-4 Ignatius House Intro to CP workshop – to register, go to **Calendar** at <https://ignatiushouse.org>

Last Call to Register for the **Contemplative Outreach International Conference:**

An opportunity to share with others on the contemplative journey how we can continue to expand our vision and deepen our practice-. **September 19 - 22, 2019** "Contemplative Outreach: Evolution, Transformation, Service" at Denver Airport Marriott at Gateway Park, Denver CO Register at https://www.contemplativeoutreach.org/chaptrevent/conference?utm_source=All+Constituents&utm_campaign=c938924ab2-EMAIL_CAMPAIGN_2019_05_22_05_10_COPY_02&utm_medium=email&utm_term=0_b11e0b2045-c938924ab2-309418569&mc_cid=c938924ab2&mc_eid=327fb6837a



Check out DVDs from our library. Find our list of available resources on the website soon.

Silence Solitude Solidarity Service

“The presence of the Holy Spirit within us is always inviting us to listen to the delicate inspirations that gradually take over more and more aspects of our lives, and to transform them from expressions of our false self into manifestations of our true self and the infinite goodness and tenderness of the Father.” Fruits and Gifts of the Holy Spirit, Thomas Keating



Registration is open!
9:30a – 3:00p
October 26, 2019
Cathedral of Saint Philip

Lerita Coleman Brown, Ph.D:
“From Contemplation to Compassionate Social Action: The Creative Encounter of Howard Thurman” Register at https://www.cathedralatl.org/worship/spirituality/spirituality-conference/?mc_cid=532e01c18b&mc_eid=387c05ff00

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Contact us at

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Coordinator Maggie Winfrey coatlantageorgia@gmail.com
Find a Centering Prayer group, read our newsletters, and see what is coming soon.



