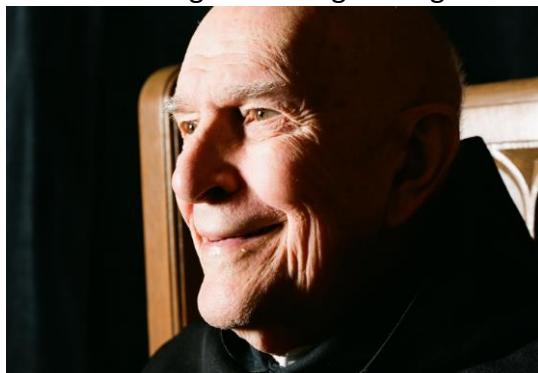


We embrace the process of transformation in Christ both in ourselves and in others, through the practice of Centering Prayer.

Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer. Vision Theological Principal 1

We mourn the passing of our beloved master, father, and teacher Fr. Thomas Keating. He brought to light

many ancient truths about contemplative prayer and life. His work reinvigorated an ancient way of knowing and



relating to God. His light of wisdom does not fade but continues to illuminate. He challenges us all to spread that light and continue the work that he began: to transform the world.

Ted Jones, Fr. Thomas' nephew, quoted his book *From the Mind to the Heart* in his eulogy for Fr. Thomas at his memorial service on Nov. 16th at Spirit of Christ Church, in Arvada in Denver: "Most of my life I failed in all of the things I wanted to do or hoped to accomplish. Coming to terms with that very existential experience is what I



regard as my greatest treasure. I will put it in one word: powerlessness." Because of his humble acceptance for

what God is, we are all fortunate heirs of his work. May we follow in his footsteps and continue what he began.

"The people living in darkness have seen a great light; on those living in the land of the shadow of death, a light has dawned." Matthew 4:16



Introduction to Centering Prayer Workshop at Ignatius House 9:00 AM to 4:00 PM Sunday,

January 13, 2019, includes liturgy, breakfast and lunch. \$35 Register under **Calendar/Days of Reflection** at www.ignatiushouse.org. The six continuing sessions after the workshop will meet at Ignatius House on Tuesday evenings beginning January 15th at 7:30 pm.



Introduction to Centering Prayer Workshop at St. Thomas Aquinas Church, 535 Rucker Road,

Alpharetta, will be Saturday, January 19, 2019 from 9 am to 3 pm. Breakfast and lunch included. To register, go to **Upcoming Events** on our website:

<https://www.contemplativeoutreachatlanta.com> The six continuing sessions after the workshop will meet at St. Thomas Aquinas on Tuesdays evenings beginning January 19th at 7:00 pm.

Silence Solitude Solidarity Service





The Intensive/Post-Intensive retreat at Holy Spirit Monastery on October 24 – 28th led by Vernon and Mary Joyce Dixon was a profound experience in silence. One retreatant commented “We had a really great retreat this year... It really is all about love. In truth, there is no separation. Our daily Centering Prayer brings us ever closer to that realization.”



Have you signed up yet? Join us to share your vision and imaginative ideas at our **Chapter Planning and Discernment Day at Ignatius House**, 9 AM to 3 PM on Saturday, February 16th, facilitated by Marie Howard of Contemplative Outreach Ltd. Marie will guide us to tap into our most creative thoughts that will

envision new directions for Contemplative Outreach Atlanta. Cost is free. If you have not already, please make your reservation before February 14th at <https://www.contemplativeoutreachatlanta.com>.

Does your worship community want to know more about centering prayer?

Contact us to schedule an Introductory Workshop with six weekly follow up sessions.



Check out our website!

<https://www.contemplativeoutreachatlanta.com>

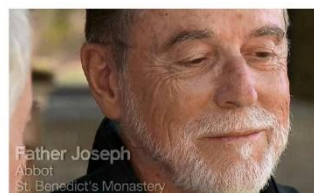
Contact information:

Coordinator Maggie Winfrey

maggie.winfrey@gmail.com 404-717-6815

Two new Centering Prayer groups have formed in the Atlanta area.

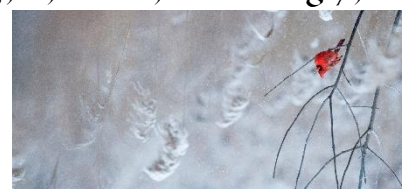
- ❖ The Centering Prayer Group at St. Thomas More meets on Wednesday evenings at 7 PM. Contact Rosary Mangano at rosary@mindspring.com or Carl McColman at mccolman@anamchara.com for more information.
- ❖ The new Centering Prayer Group at St. Philip's Cathedral meets in Lanier House across from the Cathedral on Wednesday evenings at 6:30 pm. Contact Jeannie Mahood at 404-365-1031 or JMahood@cathedralatl.org for more information.



With deep sorrow we mourn the passing of Fr. Joseph Boyle, abbot of St Benedict's Monastery at Snowmass on October

21, 2018. Joseph brought out the best in all of us, especially those to whom the basic core of goodness seemed elusive. He inspired us to see the beauty of God's creation everywhere. These are just a few of his extraordinary qualities. We will miss him and Fr. Thomas as they transition to Ultimate Reality.

“St. John of the Cross taught that ‘Contemplative prayer is total receptivity.’ The mouth of the soul opens to receive the gift of divine life. To be hungry for that nourishment is to listen at the deepest levels of our being. It is our destiny.”



Thomas Keating, *From the Mind to the Heart*, 2017

